

February 2026 | Wildwood Highlands

HIGHLANDS

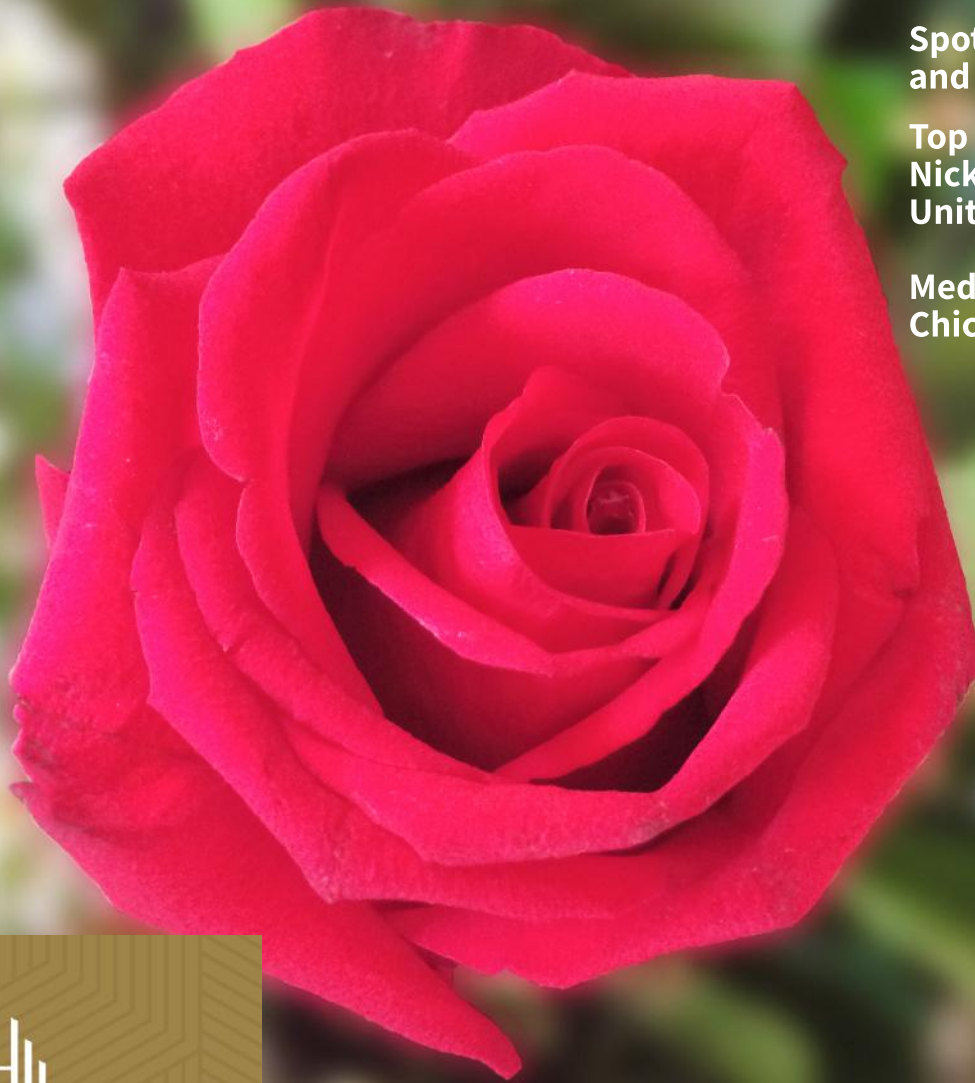
Happenings

IN THIS ISSUE

Spotlight Activities
and Events 3

Top Ten: Most Popular
Nicknames in the
United States 8

Mediterranean
Chicken Bake 9



**HIGHLANDS
COMMUNITIES**
Apartment & Townhomes 55+

Welcome to the Highlands Happenings Table of Contents

Past Activities & Events	2	Just For Fun	8
Upcoming Events	3	What's Cooking	9
Resident Reminders	4	Contact Information	10
Welcome & Celebrations	5	On-Site & Local Services	11
Activity Calendar	6 - 7	Check It Out	12



UPCOMING SPOTLIGHT EVENTS



Love Notes & Lattes

THURSDAY, FEBRUARY 5TH AT 2:00 PM | BUILDING 4 COMMUNITY ROOM

Join us for Love Notes & Lattes! Sip coffee, craft heartfelt Valentine's cards, and spread joy to friends, family, or neighbors. It's a cozy, creative way to share the love this season. Let's create something sweet and share the love with those who matter most!

\$7 per person. RSVP by Tuesday, February 3rd



Valentine's Mix & Mingle

WEDNESDAY, FEBRUARY 11TH AT 2:00 PM | BUILDING 4 COMMUNITY ROOM

Celebrate Valentine's Day with your neighbors! Dress in your favorite reds, pinks, and hearts, and join us for sweet treats, bubbly bevies, and lots of love-filled fun! Let's make it a day to remember!

\$5 per person. RSVP by Monday, February 9th



Mardi Gras Feast & Fun

FRIDAY, FEBRUARY 13TH AT 12:00 PM | BUILDING 4 COMMUNITY ROOM

Celebrate Mardi Gras in style! Enjoy toe-tapping jazz from The Bourbon Street Stompers and a flavorful feast of gumbo, red beans & rice, cornbread, and dessert - catered by Bunzel's. Wear Mardi Gras colors—purple, green, and gold—and join the fun!

\$19 per person. RSVP by Friday, February 6th



Winter Warm Up Bingo Night

THURSDAY, FEBRUARY 19TH AT 6:00 PM | BUILDINGS 4 COMMUNITY ROOM

Beat the winter blues with Bingo night! Grab your friends and join neighbors for laughs, light snacks, and beverages. Cost includes 2 cards and chances to win awesome prizes. Don't miss this cozy night of fun!

\$5 per person. RSVP by Monday, February 16th



Story Stones & Memory Pebbles

THURSDAY, FEBRUARY 26TH AT 2 PM | BUILDING 4 COMMUNITY ROOM

Story Stones & Memory Pebbles: All supplies included! Decorate stones with words or symbols that spark meaning for you. Reflect, connect, and enjoy a creative moment.

\$7 per person. RSVP by Thursday, February 19th

PAST ACTIVITIES & RECREATIONAL EVENTS



*We look forward to having you join us!
For a complete list of activities and events taking place
this month at the Highlands, visit our Activity Calendar on pages 6-7.*

RESIDENT REMINDERS



True friends are never apart, maybe in distance but never in heart.

– Helen Keller

Congratulations!

Who won \$150?



This month's winners of our \$150 lease renewal drawing are Mary & John L.



Walkers & Scooters FOR THE SAFETY OF EVERYONE

Walkers and scooters should not be left in the common areas of the community or in hallways when you leave the building. You may, however, leave your walker or scooter near the elevator in the basement as you come and go. If you choose to do this, please be sure to park it out of the way of foot traffic for the safety and convenience of our residents. Please also note that Highlands Communities is not responsible for lost or stolen walkers or scooters.

Elevator Etiquette A FRIENDLY REMINDER FOR OUR RESIDENTS

Please avoid holding the elevator doors open. It's better to step out and finish your conversation, allowing the elevator to continue. Holding the doors repeatedly can trigger the alarm, and this may cause problems with the elevator's programming, leading to a shutdown and requiring a reset.

Your cooperation is greatly appreciated to help things run smoothly!

Wisconsin Homestead Rent Certificates FORMS AVAILABLE IN THE RESIDENT SERVICES OFFICE

The State of Wisconsin allows deduction to income taxes for your residence. The program, established in 1964, is called the Homestead Tax Credit. To be eligible, a person must own or rent his/her residence, be at least 18 years of age and have a low annual household income.

If you qualify and wish to take advantage of this program, you will need a Rent Certificate completed by your landlord. The Resident Services Office has these forms available and upon request, will complete the form for you within 3 business days.

If you have questions about this tax credit, contact your tax advisor. If you have questions about completing the Rent Certificate, please contact our Resident Services Office.

Common Area Expectations A FRIENDLY REMINDER FOR OUR RESIDENTS

The common areas and hallways of our communities are shared spaces enjoyed by all. As a friendly reminder, please be mindful of the following when in the common areas: Avoid behavior that could create a nuisance such as playing, loitering, loud noises, offensive conduct, inappropriate attire (please have shoes and appropriate street attire on at all times), or playing music without headphones.

If you have any questions about what is, or is not allowed, in the common areas, please refer to your lease, or contact the Resident Services Office for more information.

The Morning Blend MONDAY, FEBRUARY 9TH AT 10:30 AM BUILDING 4 COMMUNITY ROOM

Join us for Coffee Hour! Sip rich brews, savor sweet treats, and share warm conversation. A cozy gathering where every cup shines and every bite delights—don't miss these golden moments hosted by our very own Community Director, Leslie. **This event is free. RSVP Not Needed**



Return The Carts For Others To Use A FRIENDLY REMINDER

Please be courteous to your neighbors and return the community shopping carts and flatbeds to their designated area immediately after you are finished using them. We appreciate your cooperation.

February - A Month of Progress

February marks Black History Month, honoring the achievements and contributions of African Americans throughout history.

It also includes significant events like Presidents Day, Valentine's Day, and the birthdays of influential figures such as Frederick Douglass and Abraham Lincoln.

Join us this month in celebrating reflection, connecting through life experiences, and progress.

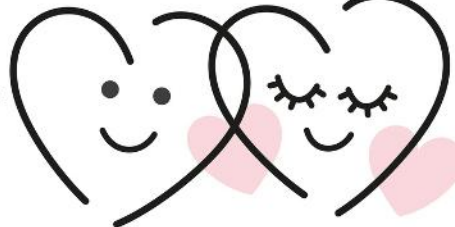


Nothing is impossible. The word itself says 'I'm possible!'

–Audrey Hepburn



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
National Baked Alaska Day	9:30 am Exercise Class 10:30 am Coffee Tea Hour 4 pm Social Hour Bldg 7 6:30 pm Poker - Regular	9:30 am Bible Inspiration 3 pm, 4 pm & 6 pm Social Hour Bldgs 1-2-3	1:30 pm Bingo 3 pm Social Hour Bldg 5 4 pm Happy Hour Bldg 4	1 pm Mahjong 2 pm Love Notes & Lattes 4 pm Social Hour Bldg 6 6:30 pm Sheepshead	10 am Orange Shoe Fitness 1 pm Cribbage 1 pm Book Club	National Eat Ice Cream for Breakfast Day
8	9	10	11	12	13	14
National Laugh & Get Rich Day	10:30 am The Morning Blend 4 pm Social Hour Bldg 7 6:30 pm Poker - Regular	1 pm Creative Time w/Friends 3 pm, 4 pm & 6 pm Social Hour Bldgs 1-2-3	10:15 am Healthmarkets 2 pm Valentine's Mix & Mingle 3 pm Social Hour Bldg 5 4 pm Happy Hour Bldg 4	1 pm Mahjong 4 pm Social Hour Bldg 6 6:30 pm Sheepshead	12 pm Mardi Gras Feast & Fun 1 pm Cribbage	Happy Valentine's Day
15	16	17	18	19	20	21
National Gum Drop Day	PRESIDENTS' DAY 9:30 am Exercise Class 10:30 am Coffee Tea Hour 4 pm Social Hour Bldg 7 6:30 pm Poker - Regular	MARDI GRAS/RAMADAN BEGINS CHINESE/LUNAR NEW YEAR 9:30 am Bible Inspiration 3 pm, 4 pm & 6 pm Social Hour Bldgs 1-2-3	ASH WEDNESDAY 3 pm Social Hour Bldg 5 4 pm Happy Hour Bldg 4	1 pm Mahjong 4 pm Social Hour Bldg 6 6 pm Winter Warm Up Bingo Night 6:30 pm Sheepshead	10 am Orange Shoe Fitness 1 pm Cribbage	National Stickey Bun Day
22	23	24	25	26	27	28
National Be Humble Day	9:30 am Exercise Class 10:30 am Coffee Tea Hour 4 pm Social Hour Bldg 7 6:30 pm Poker - Regular	1 pm Creative Time w/Friends 3 pm, 4 pm & 6 pm Social Hour Bldgs 1-2-3	3 pm Social Hour Bldg 5 4 pm Happy Hour Bldg 4	1 pm Mahjong 2 pm Story Stones & Memory Pebbles 4 pm Social Hour Bldg 6 6:30 pm Sheepshead	10 am Orange Shoe Fitness 1 pm Cribbage	National Science Day

happy  valentine's day

HIGHLANDS COMMUNITIES
FEBRUARY 2026
ACTIVITIES

JUST FOR FUN



Fun Facts About Leap Year

Leap years exist to keep our calendars in sync with Earth's orbit. It takes Earth about 365.242 days to orbit the sun, so adding an extra day every four years—February 29—helps correct that small fraction.

But not all years divisible by 4 are leap years! Century years must also be divisible by 400 to qualify. That's why 1900 wasn't a leap year, but 2000 was. Without leap years, seasons would slowly drift, eventually throwing our calendars out of whack!



Back Then In History - February

On February 14, 1968—fittingly Valentine's Day—the first successful U.S. heart transplant was performed in Houston, Texas, by Dr. Denton Cooley. The recipient, a 47-year-old man, lived for over 200 days following the procedure.

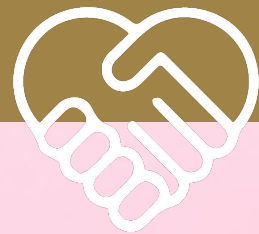


This medical milestone marked the beginning of a new era in cardiac care and innovation.

Today, heart transplants continue to save lives around the world thanks to the groundbreaking efforts of early pioneers in transplant medicine.

February is the border between winter and spring.

— Terri Guillemets



Top Ten

MOST POPULAR NICKNAMES IN THE UNITED STATES

Whether playful, cute, or nostalgic, nicknames bring a personal touch to relationships. From childhood favorites to pet names for loved ones, everyone has a soft spot for a good nickname!

1. Buddy
2. Sweetie
3. Champ
4. Boo
5. Peanut
6. Ace
7. Sunshine
8. Lovebug
9. Chief
10. Snickers

Fun Names!

WHAT'S COOKING

Mediterranean Chicken Bake

It only takes a handful of fresh, flavorful ingredients to make this easy and vibrant dish. Juicy tomatoes and crumbled feta create a savory, tangy sauce that's delicious spooned over rice, orzo, or pasta—making this recipe perfect for a weeknight dinner or casual weekend meal.

Can be frozen for up to 3 months.



INGREDIENTS

- 4 chicken breasts (about 1.5 pounds)
- 2 cups grape tomatoes
- 1 shallot, sliced
- 3 cloves garlic, minced
- 3 sprigs thyme or 1/2 tsp dried thyme
- 1/2 cup feta, crumbled
- 2 tbsp olive oil
- 2 tbsp Italian seasoning
- 1/2 tsp salt
- 1/4 tsp pepper
- 2 tbsp parsley, chopped (for garnish)

STEP 1: Mix the tomatoes, olive oil, garlic, shallot, thyme, and half of the feta in the bottom of a 9x13 Pyrex baking dish or similar.

STEP 2: Make room for the chicken breasts and lay them in a single layer without touching. Sprinkle with salt, pepper, and Italian (or Greek) seasoning.

STEP 3: Bake at 375°F for about 30 minutes or until internal temperature reaches 165°F.

STEP 4: Top with remaining feta and bake an additional 3–4 minutes to melt.

Healthy and delicious!



Shelf Indulgence

THIS MONTH'S BOOK RECOMMENDATION

The Bookish Life of Nina Hill by Abbi Waxman

Nina, a bookstore employee and trivia whiz, lives a quiet, organized life—until the father she never knew leaves her a large, chaotic family. With lovable characters, sharp humor, and witty observations, this book is a feel-good celebration of introverts, books, and embracing change. A smart, cozy pick for curling up with in the winter.

CONTACT INFORMATION



Resident Portal

Make rent payments. Pay online, check the status of your payments, review your payment history, submit maintenance requests and view event invitations.

Our resident portal is an online tool for you to be able to take care of some things without having to wait for the Resident Services Office to open. It's easy, it's convenient and it's designed with you in mind.

Need more information? Contact us today!



Main Office

Mon - Fri, 10am - 4pm
Phone: (262) 235-5446

N78 W17445 Wildwood Dr #408,
Menomonee Falls, WI

COMMUNITY DIRECTOR

Leslie Laak
Wildwood@ardenpropertygroup.com

ASSISTANT COMMUNITY MANAGER

Ramona Perales
Wildwood@ardenpropertygroup.com

Administrative Assistants

Delores Tessmer & Renee Littell & Renee Littell
Wildwood@ardenpropertygroup.com

LEASING

Mon - Fri, 10:00am - 5:00pm
Phone: (262) 235-5446

LEASING SPECIALISTS

Mary Beth Richardson

MAINTENANCE

Mon - Fri, 8am - 4:30pm
Phone: (262) 235-5446
Evenings & Weekends (AnSer) (800) 263-6148

MAINTENANCE TEAM

Kevin Tesch, Perry Bartkiewicz, Curt Hanaman

HOUSEKEEPING TEAM

10 JoAnn Gordon

Community Engagement Coordinators

Connie Loomis

Valerie Watley

Karen Joost

Connecting Through Life Experiences WARM UP WINTER WITH FRIENDSHIP AND FUN

This February, we're creating spaces for community, creativity, and meaningful connection.

Join Us Each Week For:

Orange Shoe Fitness stay active by joining our group class every Friday at 10 am in Building 4 Community Room (NO class February 13th).

Coffee/Tea Hour with warm drinks and great conversation every Monday at 10:30 am in Building 4 Community Room.

Pen-Pal Card Making - This month we invite each of you to write a card to share words of hope that will brighten a child's day at St. Jude Children's Research Hospital. Please be positive & empowering: "You are so brave," "Thinking of you," "You're a superhero!". Wish them well: "Wishing you lots of smiles and fun," "Hope you get to play soon," "Get well soon!". Keeping it short is best for kids.

Cards can be mailed to:

St. Jude Children's Research Hospital - Cards for Kids
262 Danny Thomas Place, Memphis, TN 38105

Onsite Services

Free WIFI

Bring your laptop or iPad to the Fireside Room, Bldg 4 and tap into the Wildwood Highlands FREE WIFI. If you have any questions, please contact the Resident Services Ofc at 262-251-3584.

Pest Control Schedule

This company visits WH the 1st week of every month. If you have a pest control need, please call the Resident Services Ofc so your unit can be added to the list.

David Keddie with Healthmarkets

10:15 am Every 2nd Wednesday Each Month | Building 4 Fireside Room
MEDICARE OPTIONS AND COVERAGE
Choosing the right Medicare coverage can be confusing. David Keddie can help you find the Medicare plan that's right for you and your budget. David is a Licensed Insurance Agent with Healthmarkets. (262-424-1498)

Hearing With Care

Margie Roman is a Wisconsin Licensed Hearing Instrument Specialist. Margie can test and dispense for hearing loss. Many hearing aids services are free of charge. Call Margie at 414-315-3149 to schedule an individual appointment in your unit.

Local Services

Spectrum Cable

FREE CABLE / INTERNET PACKAGE
For new residents establishing an account, please contact Spectrum at 1-855-326-5115.

For established residents who already have their account set-up with Spectrum, and have service needs, wish additional services for your unit, or have billing questions, you can contact Spectrum Customer Service at same number as above 1-855-326-5115.

Because WH has a bulk account with this company, this phone number is different from the regular customer service phone number.

We Energies

HOTLINE / POWER OUTAGE
(800) 242-9137 / (800) 662-4797

Menomonee Falls Village Hall

PHONE
(262) 532-4200

Senior Center

LORI OERTEL, OLDER ADULT & VOLUNTEER SUP.
Phone 262-255-8469, email: oertlor@sdmfschools.org For Blood Pressure Testing, Hearing Checks, Toe Nail Trimmers, and More!

CHECK IT OUT

Refer a friend or relative who completes an application by March 31, 2026 and when they move in, you'll receive

\$500 CASH BACK!*

*Some restrictions apply. Application must be completed by March 31, 2026. Promotional program and cash back applicable to current Highlands Communities residents only. Recipient is responsible for paying all other local, county, state, and federal taxes on referral bonus.



For After Hours Maintenance Emergencies

HERE'S HOW TO GO ABOUT MAKING US AWARE THAT YOU REQUIRE ASSISTANCE

For all maintenance emergencies after 4:30 pm, Monday through Friday, Saturdays, Sundays, and holidays, please call our after hours call center, The Answer, at 1-800-263-6148.

You will be asked to provide the following information:

1. Your name
2. The name of the Highlands Community where you reside
3. Your building #, apartment # and phone #
4. A description of your emergency

If leaving a message, please be sure to include all information listed above.

Upon receiving an emergency call, The Answer operator will contact our on-call maintenance staff and they will respond accordingly. If you do not hear back from our on-call team member within 30 minutes, please call 'The Answer' back to make them aware.

If your call is not considered a maintenance emergency, The Answer will not contact our on-call maintenance staff. We ask that all residents have a personal plunger and attempt to unclog your toilet prior to calling for emergency assistance.

A maintenance emergency is considered as the following: No heat, flooding such as water heater, toilets and drains or unnatural flooding into the apartment, refrigerator not working, gas odor, plugged toilet if overflowing and the only toilet in the apartment, clogged drains, no A/C if temperature is higher than 75 degrees, garage doors not opening/closing properly, lockouts, no electricity, elevator stuck or not opening, smoke detector beeping. For all medical, fire and police emergencies, please call 911.

